FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 | |
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| rvasinigton, | D.C. | 20343 | |

| STATEMENT | OF CHANGES | IN BENEFICIAL | OWNERSHIP |
|------------------|-------------------|---------------|------------------|

| OMB APPROVAL | | | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0 | | | | | | | | | | |
| Estimated average burden | | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Young Richard A | | | | | Om 3. Da | Issuer Name and Ticker or Trading Symbol Omega Therapeutics, Inc. [OMGA] Date of Earliest Transaction (Month/Day/Year) | | | | | | (Ch | eck all appli X Directo | , | | son(s) to Iss 10% Ov Other (s | /ner | |
|---|---|--|-------------------------------------|-----------------|--|---|----------------------------|--|------------------------------------|--|---|---|---|---|---|---------------------------------------|----------------|-------|
| (Last) | ` | , | (Middle) | | 06/0 | 06/07/2023 | | | | | | | | below) | | | below) | |
| C/O OMEGA THERAPEUTICS, INC. | | | | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable | | | | | | |
| 140 FIRST STREET, SUITE 501 | | | | | | | | | | | - 1 | ine) X Form filed by One Reporting Person | | | | | | |
| (Street) | IDGE M | ·A | 02141 | | | | | | | | | | | | iled by More | | • | |
| | | | | | - Ru | le í | 10b5- | 1(c |) Transa | cti | on Inc | lication | | | | | | |
| (City) | (S | tate) | (Zip) | | | Chec satisf | k this box y the affiri | to inc | licate that a tra e defense con | ansa ditior | ction was i | made pursua 10b5-1(c). S | ant to a con ee Instructi | tract, instructi on 10. | on or written | plan t | hat is intende | ed to |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) | | | | Execution Date, | | Transaction Disposed Code (Instr. 5) | | rities Acquired (A) o d Of (D) (Instr. 3, 4 | | Benefici | es Form ally (D) (Following (I) (I | | m: Direct or Indirect Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | |
| | | | | | | Code | V | Amount | nt (A) or Pr | | Transac (Instr. 3 | ction(s) | | ľ | ,5 4, | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemdexecution if any (Month/Da | Date, | 4. Transaci Code (In 8) | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | у | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | | |
| | | | | | Code | v | (A) | (D) | Date Exercisable | | xpiration ate | Title | Amount or Number of Shares | | | | | |
| Stock Option (Right to Buy) | \$8.39 | 06/07/2023 | | | A | | 18,118 | | (1) | 06 | 6/06/2033 | Common Stock | 18,118 | \$0.00 | 18,118 | | D | |

Explanation of Responses:

1. The options vest and become exercisable on the earlier of (i) the date of the Issuer's next annual meeting of stockholders and (ii) the first anniversary of the date of grant, subject to the Reporting Person's continued service on the Issuer's Board of Directors through such vesting date.

Remarks:

/s/ Barbara Chan as Attorney-

in-Fact for Richard A. Young,

Ph.D.

** Signature of Reporting Person

06/09/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.